

LOWELL HIGH SCHOOL

WEEKLY STUDENT/PARENT BULLETIN #7

OCT. 5-OCT. 9 2009

<u>DATE</u>		<u>SCHEDULE</u>	<u>ACTIVITY</u>
Monday	Oct. 5	B-code	
Tuesday	Oct. 6	C-code	CASHEE(Gr11,12-ELA)/Tennis(girls)vsGalileo-GGPark Soccer(boys)vsLincoln@Polo1 Volleyball(V&frosh/soph)vsWashington@Washington
Wednesday	Oct. 7	B-code	CASHEE(Gr11,12-Math/PTSA Exec Mtg/PTSA General Mtg
Thursday	Oct. 8	C-code	Golf(girls)vsO'Connell-GGPark/Soccer(boys)vsO'Connell@Franklin Volleyball(V&frosh/soph)vsWallenberg@Lowell Football(frosh/soph)vsWashington@Washington Battle of the Birds(Football-LowellvsWashington@Kezar) Tennis(girls)vsISA@Lowell
Friday	Oct. 9	Neutral	SAT
Saturday	Oct. 10	No School	Columbus/Indigenous Day
Monday	Oct. 12	No School	

**Lowell Hotline: California Youth Crisis Line, 24/7: 1.800.843-5200 (live person at all times)
Wellness Center, Monday-Friday, 8:30-4:30pm: 242-2575 (leave message if no answer)**

SCHOOLLOOP: To use the SchoolLoop, parents should have their children's HO#, first and last name ready. Visit <http://lhs-sfusd-ca.schoolloop.com/>. Under Login line, click on <Register>. It will show you the language options (English, Spanish, and Chinese) and a link for <Parent Registration>. Click the link, the next page will ask you for your first and last name, phone # and email address, and some information about your child. The information you fill in MUST match the official records on file with SFUSD and will be verified by the school administration before access is granted. Lowell administration is working on the approval process. (M.Yi)

PSAT Exam is to be on Wednesday, October 14, 2009. S.F. Promise has paid for all 10th Graders to take the exam. 9th & 11th grade students must pay a fee to take the exam. The fee is \$15 for each student and should be submitted to their registry teacher before October 5, 2009. After October 5, students may submit their fee check to Ms. Hee in the main office between 3:15 and 4:45. There will be an additional \$2 extra charge if your check is not received by October 9, 2009. Checks should be payable to Lowell High School. You must write your name and your reg.# on the notes line. Absolutely no walk-ins will be allowed on the exam day, October 14, 2009. (M.Yi)

Special Schedule: Neutral Friday – Oct. 9

1-2	7:35-8:15	6-7	9:50-10:30	11-12	11:45-12:25	16-17	1:40-2:20
3B	8:15-8:27	8B	10:30-10:42	13B	12:25-12:37	18B	2:20-2:32
3C	8:33-8:45	8C	10:48-11:00	13C	12:43-12:55	18C	2:38-2:50
4-5	8:45-9:25	9-10	11:00-11:40	14-15	12:55-1:35	19-20	2:50-3:30
Reg.	9:30-9:40						

SENIORS: All students must pass swim requirement by passing course or testing successfully. SWIM TEST Thursday, Oct. 1, 7:30am-8:15am at SAVA pool. Bring student ID – students who do not know how to swim should not attempt swim test! (T.Doherty)

ATTENDANCE POLICY:

It is expected that Lowell students will attend school regularly. It has been our experience that more than five days of absence for any reason in an eighteen-week semester results in poor grades.

Re-admit Slip – if a student is absent, the parent/guardian should call the Attendance Office (Ms. Chu) at 759-2730 ext. 3167. The student's legal name and Registry number should be given. When the student returns to school, s/he must bring a note signed by the parent/guardian in order to obtain a "Re-admit" slip. They are issued daily at the following times and locations:

7:15 to 7:30 – Room 131, Attendance Office

8:00 to 9:20 – Room 131, Attendance

7:35 to 8:00 – Room 104, Ms. Schmidt

9:40-10:00 – Room 104, Ms. Schmidt

A student must secure the signatures from all his/her teachers AND return the Re-admit slip to Dean Cordoba (Rm127) within THREE DAYS of the absence.

Permit-To-Leave (PTL for Appts)-if a student needs to leave early during the day due to a Dr/DDS appointment/Other(not illness), s/he needs to bring a signed parent note to Rm 104 or Rm 131 in order to request a "Permit-To-Leave (PTL)". PTLs for appointments are issued daily between 7:35 and 9:20am. The PTL (white copy) issued to the student must be signed by the parent/guardian and returned to Rm 131 – Attendance Office or Rm 104 – Ms. Schmidt for a Re-admit slip the following morning.

Permit-To-Leave (PTL for illness)-if a student becomes ill during the day, s/he should go to see Nurse Rainey (Rm 129), Ms. Schmidt (Rm 104) or the Attendance Office (Rm 131) anytime during the day. The parent/guardian will be notified and a PTL (white copy) will be issued to the student. The student must have the parent sign the PTL and attach a note regarding the illness. The student must obtain a Re-admit Slip in Rm 131 or Rm104 upon returning to school.

Tardy to School/Cutting Classes: Any loss of school time has the same effect – a loss of educational opportunity. The Dean will assign penalties. Thank you for your cooperation. (J. Tse)

CONDOMS and sexual health information are available from Nurse Rainey on Wednesday afternoons, 1-3 PM, in room 129. Find out about local teen clinics, too. Drop-in visits okay. (Rainey)

EMERGENCY CARDS: All students must have an updated emergency card on file. If there are any changes regarding address, phone number(s), medical or other emergency information, please complete a new card. New cards are available in Rm. 104 from Ms. Schmidt. It is extremely important to have this information as accurate as possible in case of injury or illness.

FREE/REDUCED LUNCH PROGRAM : Our district is implementing a new computerized cafeteria system. Students will no longer need the sticker on the back of their ID card. All students should have received, from their Registry teacher, a new lunch card with a PIN. Students, please memorize your PIN. Your PIN will remain the same throughout your enrollment with SFUSD. You will still need to complete a new lunch application every year. Please note that lunch applications are accepted throughout the year.

COLLEGE TOURS/INFO

Oct. 5	1:00pm 1:45pm 2:30pm	Bryn Mawr, Penn Carnegie Mellon University Yale University, CT	Oct. 8	9:45am 12:00N 1:30pm	Northeastern, Boston, MA Fordham University, NY University of Chicago
Oct. 6	9:45am 12:45 1:30pm	Barnard College, NY Univ. Of Canterbury, NZealand University of San Francisco	Oct. 9	9:45am 11:15am 12:45 1:30pm	St. John's University, NY Occidental College Duke University, NC Harvey Mudd College
Oct. 7	11:00am 1:30pm	Columbia University Bates College			

STANFORD SPLASH offered through the Stanford Educational Studies Program will be held 10/10 - 10/11, 10am-6pm on Stanford's campus. This is a weekend-long series of lectures, workshops and seminars for SF Bay Area high school students (grades 7-12). Last years' classes included: Intro to Improv, Pascal's Triangle, American Sign Language, Einstein's Special Relativity, The Art of Origami, etc. Register online before 10/7. Cost: \$40/student, \$20/sibling. Financial aid available.

City of Pittsburgh Bus Tour: Meet University Representatives and learn about admission, financial aid, and scholarship. Register at www.oafa.pitt.edu or call 1-877-see-pitt. The dates are October 3, 17, and November 21, 2009.

Fordham University-Jusuit University of New York has a regional information session at Bellarmine College Preparatory 960 West Hedding St. San Jose, CA 95126 on Sunday, Oct. 4, 2009 from 2-4 PM. To RSVP: www.fordham.edu/regional_receptions or 1-800-fordham.

Milwaukee School of Engineering (MSOE) will be having open houses Oct. 17, Dec. 5, and Apr. 17, 2010. If interested, go to www.mscoe.edu/about msoe/visiting msoe/

Cal State East Bay has an Preview Day Saturday, Oct. 24, 2009 from 8-12:30 PM at University Union 25800 Carlos Bee Blvd., Hayward, CA Register at www.csueastbay.edu/previewday or 510-885-2612.

The Lowell school community would like to congratulate 9 seniors for their outstanding performance on their PSATs last year! They are now among 16,000 semifinalists in the country competing for 8,200 scholarships to be awarded by the National Merit Scholarship Corporation in Spring 2010. Congratulations to: Cassandra Crider, Kelvin Fok, Alvin Ho, Anita Lee, Joey Lee, Diana Liu, Jessica Noss, Owen Whitmore and Thurston Zhu!
(Hogan)

PTSA

PTSA Meeting. Wednesday, October 7th, 7pm, Choir room 70. Presentation by Ender Markal, SF Tutors on SAT/ACT Prep. All parents and students welcome.

Parent Volunteers Needed for Lowell Night for 8th graders (Thursday, Oct. 29th). The PTSA is seeking parent volunteers for this very important night for 8th graders and their families. In past years, the event has been attended by over 3,000 interested people. For many, it is the first opportunity to see the site and learn about our school. We need dedicated parent volunteers to serve as ambassadors/welcomers to our visitors from 6:00-9:00pm at Lowell High School on Thursday, Oct. 29th. If you are interested in volunteering, please contact Cherry Lei at CherryLei@aol.com or Beth Alberts at gordonbeth@aol.com

Support Lowell and win a raffle! Join the PTSA before October 31st and you will have an opportunity to win one of two free SAT Preps provided by SF Tutors. Write a check for \$11 per family member to the Lowell PTSA or join on-line at www.lowellptsa.org

Beautification Day is looking for a painter!!! Our terrific painting leader, Kevin Brickley has graduated from Lowell, so we are looking for someone(s) to take over. If you are a painter, or feel comfortable coordinating students to paint, please contact Marny Leslie; mkmallonee@sbcglobal.net. Beautification Day will be held on October 24 from 9am to 3pm. Join us in "cleaning and greening" our school! Free lunch provided, and students earn Community Service Credit.

SPORTS

Boys Basketball Managers and Video person needed. Please see Mr. Ray if interested.

LOWELL ATHLETICS: Don't forget to check the website, lowellathletics.com for all the scores and updates and pictures of your favorite teams!
(R. Ray)

THEATRE

Lowell's production of "As You Like It" will be holding a **love poem contest!** All students who wish to participate should write a love poem no longer than 14 lines, and turn it into Room 110 by Oct. 15, 2009. Winners will have their poems featured in the show! (And get free tickets).
(T.Bookwalter)

INTERESTED?

Want a fun and educational elective class? Enroll in CVE Marketing Class Spring 2010 – Learn computer skills for office clerical jobs. Learn selling and marketing skills for sales customer jobs. Learn how to get a job. Receive job placement assistance (optional). Earn 5 credits for the class and up to 10 credits for your job (optional). Class offered mods 4-5 or 9-10 or Tuesday 3:30 to 6:30PM, or Wednesday 3:30 to 6:30PM. Working students encouraged to enroll. Students seeking employment encouraged to enroll. Students seeking job skill training encouraged to enroll. Sign up on your course selection form in Reg, or see your counselor or see Mr. Nager in room S106 mods-Reg, 6,7,8,11,12,13.
(N.Nager)

SHIELD&SCROLL APPLICTION CLARIFICATION: We incorrectly stated at our meeting that you need at least a 3.0 GPA every semester to qualify; however, you only need a cumulative GPA of 3.0.
(K.Hoffman)

STUDENTS: EARN COMMUNITY SERVICE HOURS!!! Save the date: Oct. 24, 9am to 3pm. Attention All Students and Parents, Carpenters, Painters, Gardeners, Handy-persons and Lowell Enthusiasts!!! Beautification Day needs you! Come for an hour, come for the day. PARENTS: We need leaders for painting cleaning, etc. Let us know your specialty!! Contact Marny Leslie, mkmallonee@sbcglobal.net 706-9628. ALL ARE WELCOME!

Tired of your old, boring wardrobe? Get a new glamorous outfit at the **Gardening Club's Recycled Clothing Exchange.** Save the date for the week of November 10th.
(K.Melvin)

Don't throw your clothes away, donate them! Drop off your old clothes in one of our handy donation boxes at the library, or the main office (under the counter). Donate at the catwalk and receive a coupon good towards your future purchase at **Gardening Club's Recycled Clothing Exchange Extravaganza** starting today, mods 6-18! What you hate could be another person's glamorous ball gown. Look good and save the earth! Everything accepted except for socks, shoes and underwear.
(K.Melvin)

Volunteers needed for the West Portal Elementary School Halloween Carnival on Sunday, 10/25 from noon – 4:00 and clean up is 4:00 – 5:30 or 6:00 p.m. A minimum of 4 hours is required. If you like to play games or do arts and crafts or sew, please contact Joanne Hong atcreateful4kids@gmail.com by 10/16 if you are interested.

CSF Drop-In tutoring is Available! Would you like help with your Spanish homework? Need extra guidance in composing an English essay? Sign up for a one-on-one CSF Tutor by going to Lowellcsf.webs.com and fill out the form under the tab "Tutees" Drop-in tutoring is also available everyday from CSF members who have skills and experience in the courses you are taking. Stop by Room 217A Monday-Friday during mods 19/20 or the library from 3:30-4:00pm. (N.Okada)

Do you want to work with other youth to make a positive contribution to your local community? Then come join the Sunset Youth Leadership Council (YLC). YLC members do fun activities, make new friends, learn about community issues, go on awesome field trips, and much more. Meetings are every Friday from 6-7:30 at the West Sunset Recreation Center (3223 Ortega St). For more info, contact Nayad at westsunsetyhc@gmail.com or (415) 694-3624 (Wellness)

YOGA STARTS THIS WEEK!!!! Come check out the first yoga class of the year. De-stress, have fun, feel great, and get your yoga on! Tuesday. 3:30. Room S-104. Be there! (Wellness)

Submit to the MYRIAD, Lowell's literary magazine! We publish poetry, prose and art. Email lowellmyriad@yahoo.com for more information. Submissions boxes are located in the library and in room 130. (N.Henares)

CLUBS

DEBATERS START SEASON STRONG AT ST FRANCIS -- Lowell debaters took the St Francis HS Invitational by storm late last month, with most squad members earning trophies. Quarterfinalists: Sophia Chan & Julian Manasse-Boetani (policy). Semifinalists: Brian Qiu (parliamentary) and Mindy Huynh & Catherine Suen (policy). Congratulations to all who competed!

CONGRESS SQUAD WINS AWARDS AT WASHINGTON HS -- 14 members of the Lowell Forensic Society competed on Sept. 26th at Washington HS in Student Congress, with Philip Li finishing in 4th place and Ashley Wu in 5th place in the House. (T.Abad)

Bridge. Want to make a friend, no make three friends at once! Every Tuesday afterschool in room 217B we play and learn Bridge! Hope to see you soon, Bridge Club. (J.Reynolds)

Chinese Club. Get your groove on this Thursday, Room 212. Snacks provided! (X.Chang)

Mathletes. If you enjoy math, competitions or tutoring kids, come to the next Mathletes meeting! We meet every Tuesday after school in Room 338. (T.Chan)

Ever played with a Chinese fan or ribbon? Interested in learning? Then come to room S103 every Monday at 3:40pm for **Chinese**

Cultural Arts Club. No experience is required and new members are always welcomed. Hope to see you there! (M.Choi)

Want free food and a place to relax? Come to Octagon Club! It is a fun place to have fun and hang out with your friends while volunteering at fun events! For more information on upcoming events come to the meetings every Monday @ 3:45 in S205. (R.Prothro)

Come and join D.I.Y. Club! Go green and make your own tote bag. Decorate it however you like. The meeting is on Friday October 9th @ 3:45 in room S01 (M.Rodes)

Japanese Club. Learn new facts about Japan. Experience Japanese culture, make friends and have a fun time. We meet Wednesdays in Room 218. (K.Takemoto)

Korean Club. Korean Club is playing really cool and fun games again! Come to Room 215 after school today (Monday). (Cho)

Lowell Red Cross Club! First meeting will be today, October 5, in room 220. New and old members welcomed and bring some friends! (Rainey)

H.A.T. Club. Need a place to do homework after school? Need help stopping your procrastination? Come to H.A.T. Club! Meets Wednesdays (Rm70) and Thursdays (Rm134) from 3:40-5:00pm. For more information visit www.ourHATtime.weebly.com (Benkovich)

Myriad: Wednesday, Oct. 7th, is the next meeting in room 130 at 3:45pm. Food and fun provided; you bring imagination and creativity and get ready to play some writing games and edit submissions. New members always welcome. (N.Henares)

Ai-Club: Asian Dramas! Friday! Rm212 @ 3:45pm! (W.Lo)

Lowell Fundraising Club. Come to LFC every Wednesday at 3:45pm in room 217B. Help us raise money for the school! (T.Martin)

Gay-Straight Alliance: National Coming Out Day is October 9th. Check out the catwalk for free stuff. Also check out our club, every Monday in room 236. (M.Worth)

FOUND: iPod (must describe), Metallic Pink girl's wallet, ladies ring. Please come to room 104 to claim. (Ms. Schmidt)